



# Mabel Louise Winding

JUL 13, 1929 - OCT 10, 2024



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FUNERAL HOME, MEMORIAL PARK & CREMATORY

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# Mabel Louise Winding

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**J**uly 13,1929 - October 10, 2024

With her warm smile, infectious laugh, and genuine love for people, Mabel Louise Winding enjoyed a long life of connection and community. A beloved mother, aunt, godmother, and friend to so many, Mabel will be dearly missed by all who knew her.

Mabel McCoy was born on July 13,1929, in Olmsted, Illinois, to James and Cletus McCoy. A devout Christian, her faith was central to her life. After moving to California in 1952, she joined Providence Baptist Church of San Francisco under the leadership of Reverend Freeman B. Banks. She remained an active and dedicated member under the leadership of Reverend Clinton W. Rogers, Reverend Calvin Jones, Sr., Reverend Calvin Jones, Jr. (both deceased), Reverend Timothy E. Gray, and Reverend Dr. Leroy E. Adams, Jr. Mabel sang joyfully with the Inspirational Chorus, the Voices of Providence, and the Mass Choir. We will never forget her exuberant renditions of her favorite song, “Rise Up and Walk”! She was also very involved in many of the church’s women’s groups: the Women’s Missionary Union, the Lydia Circle, the Community Outreach Food Program, and the Vacation Bible School Culinary Staff. In 1987, Mabel was honored to be selected as the Women’s Day Culinary Chair for the Prayer Breakfast, and in 1989, she served as the Women’s Day Chairperson.

Mabel’s love and service to others was also evident in her professional life as she spent her career as a medical aide at Peninsula Hospital. She cared for the patients there for 35 years,10 years in nursery, 15 in psych, as well as 10 years in community health and mental health, before leaving to go into home service. Mabel then cared for Mrs. Hildy and later Ms. B. Her love was so deep—Ms. B. became part of the family.

Mabel gave love and kindness generously to the whole community, but her greatest gifts were to her family. In 1957, Mabel met, and married A.J. Winding and they had two daughters, Angela (Cookie) Winding and Lori (Sissy) Winding. Mabel was also blessed with a beautiful



## Obituary

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granddaughter, Sha’Nice (Poodie) Patterson, born to her daughter Lori. For them, Mabel was a tireless source of both strength and kindness, always willing to do whatever was needed. On October 10th 2024, God sent an angel to carry her home to be in eternal rest and peace with him, but her memory lives on in her survivors: her beautiful daughter Angela and precious granddaughter Sha’Nice, stepson Ray Winding and his wife Diane Winding, nephew Sherman P. Leache, godchildren Julius Magee, Lashanda Tucker, Susan Lewis-Yizar, and Michelle Jacobs, as well as her many nieces, nephews, great nieces and nephews, and great great nieces and nephews. We are comforted knowing that Mabel is in God’s care, reunited with her husband A.J. and daughter Lori.

A Mother

Is a Precious Gift from God.

She’s one of the most treasured blessings in my life,

She is a Priceless Gift that cannot be forgotten.

On this day, we thank you God for the Precious Gift called Mabel,

Mothers like her give that strength that sustains us day by day.

She has been a blessing to us every day of our lives.

Her children rise up and call her blessed.....Proverbs 31:28



# Events

**Mabel Louise Winding**

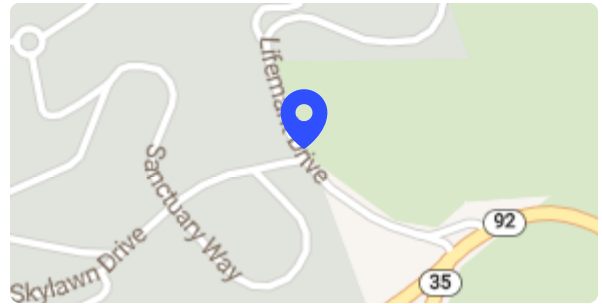
JUL 13, 1929 - OCT 10, 2024

## Funeral Service

**Monday**, October 28, 2024

11:00 AM - 2:00 PM PT

**Lifemark Center at Skylawn Memorial Park**  
Lifemark Center at Skylawn Memorial Park, San Mateo CA 94402

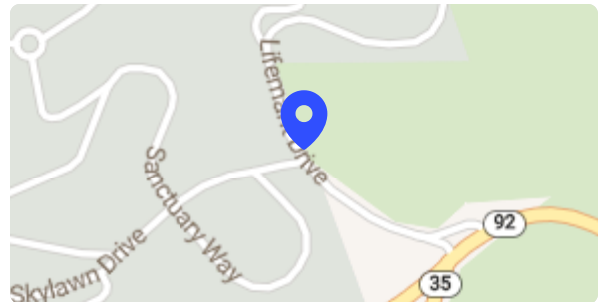


## Burial Service to follow

**Monday**, October 28, 2024

2:00 PM PT

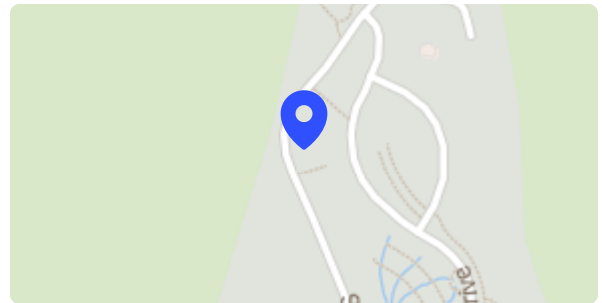
**Lifemark Center at Skylawn Memorial Park**  
Lifemark Center at Skylawn Memorial Park, San Mateo CA 94402



## Cemetery Details

**Skylawn Funeral Home & Memorial Park**  
100 Lifemark Rd, San Mateo CA 94062-4592

**(650) 437-1986**





# Tribute Wall

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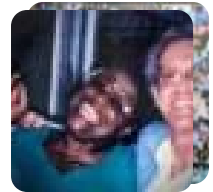
**Karen Cookie Scott** posted:

Miss Mabel, you have gained another set of wings and a golden crown in Glory. We hold on to the precious memories of our lives that we shared together on this journey. The love, the laughs, the awesome meals. You will forever remain in our hearts. Cookie/Angela and Sha'Nice hold to God's unchanging hand through it all. May you find joy in knowing, that in the midst of the storm, God will comfort you and give you peace. From our hearts to yours, All under the umbrella of the Patton Family 🌹

October 28 at 8:18 AM



**Mary Lou Williams** shared 2 photos to the **Photos** album.



October 28 at 6:03 AM



**Mary Williams** October 28 at 12:02 PM

The Peninsula Hospital Mental Health Center staff 1969 to 1983.



**The Matthews Family ..** sent a Simply Elegant Spathiphyllum to the Winding family.



October 28 at 4:20 AM



**Anonymous** sent a Sweetest Sunrise Bouquet to the Winding family.



October 26 at 7:49 AM



# Tribute Wall

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**Shelley Mitchell** lit a candle in honor of Mabel.

Mabel was one of kind. From the very first time I met her who knew she would become such an integral part of my life. Always loving, compassionate and not afraid to let you know if you were right or wrong. I am going to miss her smile whenever I walked into the room her looking up from from the side with her hands crossed at her chest and ready for whatever came her way. She was so genuine and generous with her time and space. Always welcoming you in her home for her daily dose of wisdom, a meal or just some time for relaxing and reflection. Mabel I love you so much and will miss you even more. I'm here for Cookie and Shanice. They are going to be fine..You can now join Mr. AJ, Sissy and all of your loved ones and friends. Also thank you for teaching me how to make cornbread dressing!!! Shelley D. Mitchell ♥□□□



October 25 at 12:55 PM



**Anonymous** sent a Joyful Memory to the Winding family.



October 24 at 6:59 AM



Mary Lou Williams shared 2 photos to the **Photos** album.

October 28 at 6:03 AM



Collage



Mary Williams October 28 at 3:59 PM

A collage of Peninsula Hospital Mental Health staff 1969 to 1983



## Media

**Mabel Louise Winding**

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Mabel



## **Memories only last if you share them**

Join us in honoring Mabel by contributing to a collection of shared memories.



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